

## How to Access the Revenge Porn Helpline



We support adults who are victims of **intimate image abuse** and threat.

**Intimate image abuse** is when someone takes or shares private sexual photos or videos of you without **consent**.

**Consent** is being asked if you agree to something. This means saying yes or no.

We work across the United Kingdom.

**PRIVATE**

Intimate means personal and private.



The helpline will do their best to support to your needs.

If you have any additional support needs, you can tell us when you call the helpline.

We can give you advice in different ways including:



- giving you smaller pieces of information at a time
- putting information in **bullet points**
- giving you advice and information in a way that suits you best



The helpline can call you back if you need us to.



You can call or email the helpline.

You can also use the chat bot or whisper app to send a message.



Whisper is a reporting tool that you don't have to give any personal details to.



The Chatbot (Reiya) can show advice, support and signposting to services.

You can also share your details for the Helpline to contact you later.



You can use these to ask the helpline to call you at a later time.



The e-mail will tell you what we talked about to help you remember it.



When you call the helpline, you can decide what happens next.

You can tell us how you want us to support you.

This is called **victim- led support**



We will always ask for your permission before searching online for anything about you.

This is called **consent**.



Somebody else can contact the Helpline for you.

This could be:

- a friend
- someone from your family
- a support worker



They can ask for advice and information for you.

They need your permission to do this.



You can contact the helpline as many times as you like.

This means you can ask as many questions as you want to.



The website has videos on the main advice pages.



The videos explain the information and advice given on the page.

These videos have subtitles.



We want to make sure we support your needs.

Please tell us if there is anything else we can do for you.



You can find out more about us here:

[Accessing the Helpline | Revenge Porn Helpline](#)